HOME FALLS HAZARD SCREENING CHECKLIST

Question	Yes	No	Comments
Are the bathroom or kitchen floors slippery when wet or dry?			
Are there any obstacles in walkways indoors, on stairs or steps or on outside pathways?			
Is the lighting dim in living areas, walk-ways, or stairs? Are these areas poorly lit or shadowy?			
Do steps lack colour contrast, have worn coverings or lack a handrail?			
Are floor mats slippery or loose or do they have curled edges?			
Are floor coverings worn or loose?			
Are you unsafe when reaching or climbing? Do you use unstable furniture when climbing? Do you have a sturdy stepladder?			

© Clemson & Swann 2019

Question	Yes	No	Comments
Does your footwear fit well, and have good fastenings, non-slip soles and a low, wide heel?			
Are your outdoor pathways uneven, broken, loose or mossy?			
Are there cords on the floor?			
Are there spills on the floor? Do you clean up spills straight away?			

Home hazard screening checklist (modified from the Westmead Home Safety Assessment, Clemson, 1997). Source: Hill, K., Clemson, L., & Vrantsidis, F. (2006). Preventing falls – a key to maintaining independence. In H. Mackey & S. Nancarrow (Eds.), Enabling independence – a guide for rehabilitation workers (pp. 182–202). London: Blackwell.

Alternate check list: Staying Active and On your Feet, available at www.health.nsw.gov.au.

© Clemson & Swann 2019